



**Mount
Sinai**

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M E M O R A N D U M

Date: July 27, 2017
To: Surgical Residents
From: Celia M. Divino, MD
Subject: Resident Wellness Policy

There is a new policy regarding Resident Wellness for Academic Year 2017-2018. Wellness days are protected time for residents to attend to personal health appointments for themselves and their family.

Residents are entitled to:

1. 1 Wellness Day (or 2 ½ days) every 6 months.
 - a. Requests must be made 2 weeks in advance
 - b. Wellness days DO NOT replace sick days, call/post call or extended scheduled breaks in duty such as vacations.
 - c. Service Chiefs, Dr. Roche, Dr. Divino and the Education office must be notified

Thank you in advance for your cooperation.